address youth risk behaviors. consistent with the public health models used to Medically accurate, theoretically sound content

# thriving, not just surviving.

RUC PRESENTS

marriage and then a family; human flourishing or which includes obtaining education, a job/career, the poverty buster of LIFE SUCCESS SEQUENCING relationships and dating violence all while exploring setting, decision making, healthy versus unhealthy Character development, communication skills, goal

#### RUC ADDRESSES



**Teaching Youth the Blueprint** for Strong Future Families

### RUC FOCUSES ON

RUC TEACHES

#### potential as adults. affording them the opportunity to reach their full optimal health and healthy relationships for all youth drugs, dating violence, bullying, gambling, unhealthy behaviors including alcohol, tobacco,

Sexual risk avoidance and risk avoidance to other

**Relationships Under Construction** 

PO Box 323, Sunbury, OH 43074

Office.RUC.323@gmail.com

RelationshipsUnderConstruction.com

740-965-2046

# pornography and human trafficking. RUC encourages

needs of all students. youth using non-stigmatizing curricula meeting the Primary prevention to achieve optimal health for all

## **Since 2002**









#### **RUC PROVIDES**

- Classroom presentations for students
- Parent seminars
- Community seminars
- Teacher workshops
- School assemblies
- Websites
- Resources

#### Toby Stepsis, High School Health Teacher, Medina County, OH

"I have had other programs in to help with teaching this difficult topic, and [your instructor] with the Relationships Under Construction curriculum is, without a doubt, the very best. The program will continue to be an important piece of our Health program, as we continue to educate students on these topics."

#### T.J. Lewis, Sierra Vista, AZ

"The teacher I had with me in the boys' class at the end of the first session (we did 5 today, 30-40 kids each time) . . . immediately remarked, 'This is easily the best presentation I've seen on the subject!' The guy's been teaching for 24 years. Knows his stuff, loves his kids."

#### Female, 10th grade, Knox County, OH

"The presentation was super informative. It didn't down right say sex was bad nor shun anyone who has had sex. It informed us really well on the dangers of sex and highlighted the good. I learned sex within marriage is safest."

#### Male, 10th grade, Crawford County, OH

"What I liked about the presentation is that it actually connected to teens, which made it easier to comprehend. I think the presentation was very open and honest. I think that made the presentation a lot more enjoyable."

#### Male, 9th grade, Morrow County, OH

"It provided valuable information that could affect all of our decisions. I learned you need a good foundation of friendship in a relationship, sex is safest in marriage, condoms don't always provide STD protection. I think the presentation was very informative."

#### Female, 11th grade, Jackson County, OH

"I think the presentation was amazing, it helped me recommit to abstinence and realize how much it can affect the person I will be with in the future. I liked everything about this presentation."